## Corporate Workshops



## Mindful Nature Photography Workshop

- Learn the art of mindful photography whilst conversing with nature's charms.
- Observe nature through your camera lens. A phone camera is absolutely great to use.
- Learn how to basic forage according to the seasons.
- Find a sit spot to take this time to appreciate nature and all the gifts it has to offer in a peaceful setting.
- Finish by sipping on pre-prepared wild tea/cordial/soup/snack, while hearing some enchanting folklore tales.

Minimum numbers: 5 Maximum Numbers: 12 £30 pp



Jess Petrie is a nature photographer who aims to share how we can all have a positive impact on our environment as individuals, and as a society; by learning to become more sustainable, self-sufficient, and mindful of our environment. Her sessions support people to connect with nature and learn about the local environment through photography and quiet observation.

www.jesspetrie.com